



SUGGESTED PACKING LIST

Please label ALL items with camper's first AND last name

Essentials:

	Sleeping bag or bed linens and blanket (twin size)		2-3 towels (for pool and shower)
	Pillow(s)		General toiletries: toothbrush/paste, soap/bodywash, shampoo etc
	Duffle bag or suitcase <u>(please label with first and last name)</u>		Flashlight
	ANY medications, including over the counter needed while at camp (DO NOT PACK IN LUGGAGE)*		

*If your camper will be taking medication at camp, they must bring a Medication Authorization form with them on opening day that is signed by the prescribing healthcare provider. Medication and dispensing instructions will be handed to the Nurse and kept in the Health Center for the entire session.

Clothes:

Laundry will **NOT** be done at camp. Please pack clothing for 10-12 days.

	11-12 shirts/tops (short sleeved)		5-6 pairs of shorts
	1-2 light jackets/sweatshirts		2-3 pairs of pants
	3-4 long sleeve tops		7-8 pairs of pajamas or sleeping clothes
	13-14 pairs of undergarments		12-13 pairs of socks
	1-2 bathing suits		1-2 tennis shoes (1 pair of sandals for pool)

Very Useful Optional Extras:

Additional Optional Extras:

	Item of comfort (teddies, blankets)		Envelopes (pre-addressed and stamped)
	Sun Hat/Baseball Cap		Stationary (for letter writing)/Journals

	Sunscreen(camp will have)		Laundry Bag (for dirty clothes)
	Chapstick/Lipbalm		Disposable Cameras
	Moisturizer		Costumes/Themed Clothes

~Your camper(s) will be provided a refillable water bottle when they arrive to camp~

Please reach out to the camp team if you are experiencing problems getting any of the items on the packing list. Camp can often help with items that may be hard to find/purchase for families.

The Do Not Pack List:

Please double check these items stay at home. If found at camp, Campstaff will call adults at home and will put found items in a safe place for the duration of the camp session:

- * Communication devices or any electronics such as cell phones, smart watches or tablets/screens (even if not in service).
- * Drugs, alcohol, cigarettes, vapes, pornographic material, weapons, or ANY kind of knives (including clothing promoting these items). Please leave pocket knives at home.
- * Expensive or precious jewelry/clothes/cameras
- * Campers will not need MONEY at Camp.
- * Food: Candy or snacks of any kind (outside food is NOT allowed on camp or in cabins – there is always a potential allergy risk and snacks can attract ants and other critters. There will ALWAYS be plenty of food for campers).

DRESS CODE:

- * We ask that everyone, staff and campers, dress in the style of “Camp Appropriate”. This means clothing that is suitable to be worn around all ages of campers (ages 8 – 17) and that allows every camper to comfortably participate in fun, active, summer outdoor activities!

Tops:

Shirts must be “Camp Appropriate” and suitable for active, summer fun in the outdoors.

- * Please no shirts promoting items not appropriate for campers ie alcohol, violence, drugs etc.

Bottoms:

- * Pants/Shorts/Skirts must be an appropriate length and comfortable for active fun in the outdoors.

Swimwear:

Swimsuits must be appropriate for, and conducive to, participating in pool activities. Swimsuits may only be worn during swimming activities.

These items are allowed: one piece suits, two piece suits (modestly cut) swim trunks, rash guards.

- × Please NO string bikinis, jean shorts, thong bottoms, strapless suits, sports shorts, cut-off pants, or male speedos for the pool
- × **If you do not have or cannot purchase a swimsuit for your camper please ask a staff member.** Thanks to generous donors, Camp has brand new swimsuits for campers that do not have suits/trunks!

Footwear:

Shoes MUST be comfortable and supportive. Preferred: Sneakers or athletic shoes with a closed toe (required for horseback riding).

- × NO open-toed shoes or flats without manufacturers heel/ankle strap
- × Allowed exceptions: Chacos/Texas/Crocs style footwear with a secure manufacturers heel/ankle strap and a supportive arch
- × Sandals/Flip Flops may be used ONLY at Pool or Shower time and may not be worn outside of these areas.
- × Campers must wear shoes to/from Pool area.

Staff members will politely ask any participant to change if current clothing or shoes are deemed not "Camp Appropriate".